



ELWYN EARLY LEARNING SERVICES (ELS) FAMILY RESOURCE GUIDE

PRESCHOOL SPECIAL EDUCATION SERVICES AGES 3-5
(OR AGE OF BEGINNERS)

TABLE OF CONTENTS

Introduction to the Elwyn Early Learning Services	
Family Resource Guide.....	3
Advocacy.....	4
Assistive Technology and Equipment Supports.....	6
Autism-Specific Groups/Connections.....	6
Chester Upland School District Specific Resources.....	7
Community Activities and Sensory Friendly.....	8
Dentists.....	11
Developmental and Behavioral Pediatricians.....	11
Diapers.....	12
English as a Second Language/Multilingual Supports.....	12
Family Support Programs/Groups.....	13
Feeding & Swallowing.....	14
Food.....	15
Haircuts.....	16
Homeless Services.....	16
Lead Poisoning Supports.....	18
Medical Assistance.....	18
Mental Health & Support.....	19
Music & Art Therapy.....	20
Outpatient Therapy.....	21
Potty Training.....	21
Respite.....	22
Service Animals.....	23
Sleep.....	23
Summer Camps / Activities.....	24
Thrift.....	25
Transportation.....	25
Trauma Supports.....	26
Utilities.....	28

INTRODUCTION TO THE ELWYN FAMILY RESOURCE GUIDE

The Elwyn Early Learning Services Family Resource Guide was compiled by a network of Philadelphia professionals and families for the purpose of sharing information about resources. Elwyn does not support, profit or take responsibility for the agencies, services, and individuals noted herein. In addition, this is not intended to be an exhaustive list of resources. If you see any errors or omissions, please do not hesitate to provide feedback by emailing FamilyResourceCenter@elwyn.org.

Many organizations have compiled information and resources for families including those highlighted below:

ASERT

<https://paautism.org/>

Cap4Kids

<https://cap4kids.org/philadelphia/>

Reliable, up-to-date information about resources in the Philadelphia area for children and families. Cap4Kids highlights the numerous community agencies and programs that exist to improve or enhance the lives of children, teens and families.

Center for Autism Research: Autism Roadmap

<https://research.chop.edu/car-autism-roadmap>

Philly Autism Project

<https://www.phillyautismproject.org/alist/>

Known as the A-List, the Philadelphia Autism Project curates this resource list of services and supports for people with autism and their families. Whether you are a parent looking for resources or a service provider offering additional support to a family, we hope this resource guide helps you connect with services in the community and make everyone caring for children with special needs a little more connected to one another.

Sincerely,

Family Resource Center social workers, past and present

ADVOCACY

Parents United for Public Education

parentsunitedphila.com
parentsunitedphila@gmail.com

Guidance, support, advocacy for families with Special Needs Children.

Disabilities Rights Network of PA

www.disabilityrightspa.org
215-238-8070

DRP helps people with disabilities address disability-related problems in employment, education, housing, access to facilities and programs, and access to the opportunity to vote. Can advocate for families with special education concerns.

Pennsylvania Health Law Project

www.phlp.org<http://www.phlp.org>
1-800-274-3258

Help with Medicaid issues (Medical Assistance) and Medicaid waiver programs.

Education Law Center

www.elc-pa.org
1-800-692-7443

Can provide education-related information. For special education information and advocacy, contact Disability Rights Network.

Juvenile Law Center

jlc.org

Non-profit law firm advocating for the rights of children involved in government agencies such as foster care.

Community Legal Services (CLS)

clsphila.org
215-981-3700

Philadelphia Legal Assistance (PLA)

philalegal.org
215-981-3800

CLS and PLA provide legal help in many areas including housing, family, employment and public benefits.

Christian Legal Clinics of Philadelphia

clcpghila.org
215-399-0064

Can provide legal advice and representation in cases involving landlord/tenant, child custody, domestic abuse, estate administration, Expungement and other legal issues.

The Public Interest Law Center (PILC)

pubintl.org
215-627-7100

The Law Center accepts cases that have the potential to help large numbers of people, particularly those in Philadelphia and the surrounding areas. They only accept cases in our current project areas – education, healthcare, environmental justice, housing, employment and voting rights.

Support Center for Child Advocates

sccalaw.org
(267) 546-9200

The Support Center for Child Advocates provides free legal assistance and social service advocacy for children in the DHS or court systems.

City of Philadelphia Parent Advocate

(215) 685-5267 or mary.glazer@phila.gov
[Get support for a child with special health care needs](#)

Parent Advocate provides direct support and referrals for families raising children with special health care needs.

Mental Health Partnerships, Advocacy

[Mental Health Partnerships](#)
800-688-4226

Assists parents or caregivers of children and adolescents with emotional and behavioral needs. Information, resources support services and advocacy.

SpArc Philadelphia

sparcphilly.org
215-229-4550

Training, information and referral support to people with disabilities and their families.

Vision For Equality

www.visionforequality.org
215-923-3349
TTY: 215-923-8898

Advocacy and mentorship for families of children with disabilities also provide training on a multitude of topics related to disabilities.

Pennsylvania's Education for All Coalition ("PEAC")

www.paedforall.org
267-232-0570

Free consultation and advocacy for schools, programs and families related to supporting inclusion options for children with disabilities. Advocates can attend IEP meetings with families. FREE workshops available in English and Spanish!

PEAL Center

(Parent Education Advocacy Leadership)
www.pealcenter.org
866-950-1040 or 215-567-6143

Information, parent support and technical assistance for people with disabilities and special healthcare needs and the individuals and families who support them.

Legal Clinic for the Disabled (LCD)

lcdphila.org
215-587-3158

Free legal assistance for people with disabilities or who are deaf or hard of hearing. Must reside in Philadelphia, Delaware, Bucks, Montgomery or Chester county and qualify as low-income.

Hispanos Unidos para Ninos Excepcionales (HUNE) Hispanics United for Exceptional Children

www.huneinc.org
215-425-6203

Provides special education training, information, and support as well as limited individual assistance for youth with disabilities and families of exceptional children 0-26 years of age.

Mission Empower

www.missionempower.org
844-370-1529

Mission Empower provides advocacy, education, and the promotion of inclusion, assisting families and their children with disabilities to enable their children to use their gifts and talents to reach their potential and become productive members of our community.

Office of Child Development and Early Learning (OCDEL) Bureau of Early Intervention Services and Family Supports (BEIS/FS)

[OCDEL Info | Department of Human Services | Commonwealth of Pennsylvania](#)

[Early Learning | Department of Education | Commonwealth of Pennsylvania](#)

[The Pennsylvania Key](#)
717-346-9320

The Office of Child Development and Early Learning (OCDEL) is a collaborative effort between the Pennsylvania Department of Education and the Pennsylvania Department of Human Services focused on creating opportunities for the Commonwealth's youngest citizens to develop and learn to their fullest potential.

Pennsylvania Office for Dispute Resolution (ODR)
odr-pa.org
800-222-3353

The Office for Dispute Resolution (ODR) provides the resources for families and educational agencies to resolve educational disputes for children served by the early intervention system, students who are gifted (or thought to be gifted), and students with disabilities (or thought to have disabilities).

ASSISTIVE TECHNOLOGY AND EQUIPMENT SUPPORTS

TechOWL Statewide Device Loan Program
techowipa.org
myatprogram.org

Community Space: 1392 Cecil B. Moore Ave., 19122.
(Next to Insomnia Cookies)

TechOWL's lending library is easy to use. Use the link provided to search for equipment you would like to request. To fulfill your request, you will either need to login or register for an account. Used equipment is also available for free. You can also explore equipment and talk to specialists about your equipment needs virtually or at their Community Space.

Pennsylvania Assistive Technology Foundation (PATF)
patf.us

PATF offers two loan programs—a 0% interest mini loan program (amounts \$100-\$7000) and a low interest loan program available for larger purchases (over \$7000). They also offer financial education and information.

Wings For Vincent
Weighted Blankets
www.wingsforvincent.org/home.html

Wings for Vincent is a non-profit that supplies weighted products (blankets and lap pads) to children with sensory processing differences and Autism Spectrum Disorder (ASD) free of charge.

Neighborhood Bike Works (PATF)
www.neighborhoodbikeworks.org

Neighborhood Bike Works (NBW) provides educational, recreational, and career-building opportunities for youth through bicycling; it also promotes cycling as a healthy, affordable, and environmentally friendly form of transportation. NBW's free or low-cost youth programs include Summer Cycling Day Camp and after-school programs like Earn-A-Bike and Ride Club.

AUTISM-SPECIFIC GROUPS/CONNECTIONS

Philadelphia Autism Project
www.phillyautismproject.org
phillyap@drexel.edu
215-571-3209

The Philadelphia Autism Project provides free trainings, community events, and an annual conference to individuals with autism and their families.

Autism Connection of PA
autismofpa.org
412-781-4116

The Autism connection of Pennsylvania provides email and telephone support, autism news, sensory friendly activities, trainings, and free support groups for families and individuals affected by autism.

Autism Navigator
autismnavigator.com
1-844-427-3457

The Autism Navigator provides families affected by autism free education and webinars. You can register for free online.

ASERT
paautism.org
877-231-4244

ASERT provides support groups, resources and education for parents/caregivers, families, professionals, and children affected by autism.

Autism Cares Foundation
autismcaresfoundation.org
215-942-2273

The Autism Care Foundation provides events, programs, and resources for children, teens, and families with autism.

Autism Society of America Greater Philadelphia Chapter
www.asaphilly.org
610-358-5256

The Autism Society of America hosts low-cost and free events for individuals with autism.

Sesame Street in Communities
sesamestreetincommunities.org/topics/autism

Sesame Street in Communities provides education, resources, videos, printable activities and more, for children and families with autism.

Steady Strides
ssbehaviorsolutions.com
215-791-8430

Steady Strides offers ABA services, parent consultations and support, assessments, and behavior planning for individuals affected by autism.

CHESTER UPLAND SCHOOL DISTRICT SPECIFIC RESOURCES

Delaware County Access Services
www.accessservices.org/where-we-serve/delaware-county-pa/
215-540-2150

Behavioral health, child and family services, and intellectual disabilities and autism programs for Delaware County. Services offered include adult respite, foster care, Intensive Behavioral Health Services (IBHS), in home supports, life sharing, and supported living.

The Arc of Delaware County
www.delcoadvocacy.org

The Delaware County Advocacy & Resource Organization offers advocacy support and recreation for children and adults with developmental disabilities and their families. Recreational opportunities including seasonal dances, Bowling and Putt-Putt Leagues, movie nights, dance classes, and First Friday social gatherings. The Social/Recreational Program also offers day trips into the community to enjoy live theater, sporting events, corporate tours and other community inclusive activities.

Chester Education Foundation
digitalnavigator@chestereducation.org
www.chestereducation.org
610-364-1212 x106

Digital navigator program connects families with free or low-cost Internet, digital literacy classes, adult education or workforce programming, and aids in obtaining low-cost digital devices. Additional programming and resources available.

Crozer Library

www.crozerlibrary.org

620 Engle St. Chester, PA 19013
610-494-3454

Early literacy kids and STEAM resources available to borrow, StoryWalk outdoor literacy experience, and many online resources available. Check the website for in-person events.

Chester Legal Clinic

www.clcphila.org

Salvation Army Chester Corps
151 West 15th Street, Chester, PA 19013
(215) 399-0064 ext. 110

Free legal support with expungements, wills, immigration, housing issues, family matters and more.

Families CCAN

www.familiesccanphilly.org/events

Delaware County Meet Ups

Families CCAN enables adults with disabilities to live happy, supported, independent lives where they are full participants in their communities. Available opportunities include resource meetings, cooking classes, peer to peer workshops and more.

Museum Pass Program

www.chescolibraries.org/using-the-library/museum-passes

Visit area attractions for free using your Chester library card. Check the website for participating programs.

You will need a valid library card number and know your library card's Personal Identification Number (PIN) to place a reservation. Please contact the library if you have any questions or need assistance with placing a reservation.

COMMUNITY ACTIVITIES AND SENSORY FRIENDLY

AMC Sensory Friendly Films

<https://www.amctheatres.com/programs/sensory-friendly-films>

AMC is proud to partner with the Autism Society to offer unique movie showings where we turn the lights up, and turn the sound down, so you can get up, dance, walk, shout or sing! Please check your local theatre listings for specific showtimes.

Art-Reach Access Program

www.art-reach.org/access/participating-organizations

ACCESS to area programs, museums and facilities for families with an ACCESS card. One ACCESS card admits up to four family members at a rate of \$2 per person.

Chuck E. Cheese Sensory Sensitive Sundays

www.chuckecheese.com/sensory-sensitive-sundays

Participating locations open 2 hours early on the first Sunday of the month to offer a sensory-friendly experience for families. Check website for participating locations.

City of Philadelphia Recreation Department

www.phila.gov/programs/programs-for-people-with-disabilities

Philadelphia Parks & Recreation provides adaptive and inclusive programming to residents of all abilities. This includes those with physical disabilities and the neurodiverse.

Wheelchair lifts are available at some Parks & Rec outdoor pools. Check the website for locations.

Fox Chase Champions

<https://foxchasechampions.com/>

215-208-2702

Fox Chase Champions is a non-profit organization providing recreational and educational activities for special needs children. We offer programs in Baseball, Indoor and Outdoor Soccer, and Bowling in Philadelphia and surrounding counties.

Franklin Institute – Sensory Friendly Everyday

222 North 20th Street, Philadelphia, PA 19103

fi.edu/en/plan-your-visit/accessibility

215-448-1200

The museum offers sensory resources including maps and sensory backpacks.

If your experience is too overwhelming within the first 30 minutes, they offer return trip vouchers to try the museum at another time.

Free Library of Philadelphia

<https://libwww.freelibrary.org/calendar/>

Many FREE adapted programs for kids with special needs throughout the year, including sensory friendly story time, Lego groups, therapy dog time, Minecraft, etc. Check the website for locations and hours.

Ensemble Arts and The Philadelphia Orchestra

www.ensembleartsphilly.org/plan-your-visit/accessibility

Ensemble Arts includes the Kimmel Center for the Performing Arts (which includes Marian Anderson Hall and the Perelman Theater), the Academy of Music, and the Miller Theater.

All theaters provide reserved wheelchair-accessible locations within all theaters; assistive listening devices; and sensory-friendly kits by request.

Kids at Play

<https://www.kidsatplaypa.com/>

Indoor playground equipped with a sensory room, multi-sensory experiences, gross and fine motor play, and on-site therapy services.

Let's Go Outdoors

www.letsgooutdoors.net

Philadelphia's leader in providing convenient, fun, outdoor themed experiences for families, schools, individuals and organizations, especially in urban communities. They offer FREE monthly therapy-style programs for special needs children and their families.

Project Elijah Empowering Autism (PEEA)

www.peea.org

FREE! Autism information and Community outings for children with Autism and their families to fun events like basketball games, bowling and roller skating. Fun for the whole family.

Pegasus Riding Academy Inc

www.pegasusridingacademy.com

Offering weekly lessons, summer lessons, an autism program, classes for seniors, and more.

Play Pad Bucks County

<https://www.playpadbucks.com/>

Langhorne

Playpad is an indoor play area designed for children 0-9 years old. They are open to children of all needs with a designated baby/toddler area, and special needs and sensory toys.

**Please Touch Museum –
Play Without Boundaries Events**
www.pleasetouchmuseum.org/accessibility
215-581-3181

Sign up to receive notice of upcoming dates –
education@pleasetouchmuseum.org

For this special event, the Museum is adapted to provide a relaxed environment for individuals with autism, learning differences, and other sensory or communication needs.

During Play Without Boundaries events, the Museum is closed to the general public for two hours and turns down lighting and sound to provide a quieter experience for families.

The Museum offers tools to enhance your visit including pre-trip guides, Quiet Zones, and programming with educators who are trained for autism sensitivity. Community partner resources are also provided.

**Settlement Music School
Creative Arts Therapies**
settlementmusic.org/creative-arts-therapy/
[creative-arts-therapy-faq/](http://settlementmusic.org/creative-arts-therapy-faq/)

Various locations and virtual options, offering music therapy, dance/movement therapy, and art therapy for individuals of all ages. Private pay only, financial aid available.

Smith Memorial Playground
<http://smithplayground.org/>

FREE indoor playhouse located in Fairmount Park for children 5 and under, outdoor playground for children 10 and up with the famous “Giant Slide”. Free story and craft hours.

Special Olympics PA
www.sopaphilly.org

Young Athletes Sports program for children 2-7 with special needs at many neighborhood YMCAs. Parents, siblings and other children without intellectual disabilities are welcome to join in the fun and participate in a Unified environment helping to encourage an inclusive community. FREE!

Top Soccer
<https://www.epysa.org/topsoccer/>

TOPSoccer (The Outreach Program for Soccer) is a community-based training and team placement program for young athletes with disabilities, organized by youth soccer association volunteers. Designed for children aged 4 and older, who have a mental or physical disability.

Variety Club Autism Resource Center
<https://varietyphila.org/what-we-do/events/>

Recreational events for the entire family including Autism Day at Sesame Place, Please Touch Museum, and many other events all year long – posted as registration opens.

We Rock the Spectrum Kids Gym-NE Philadelphia
www.werockthespectrumnortheastphilly.com
12357-59 Academy Road, Philadelphia, PA 19154
215-904-6280

We Rock the Spectrum NE Philly is committed to providing a safe, nurturing, and fun environment to foster learning, exploration and safe sensory experiences.

YMCA
www.philaymca.org/

The YMCA accepts some insurance to cover registration/monthly fee payments. Programs are offered at various locations for children of different ages with special needs. Programs and ages vary. This includes sports and recreation, swimming, daycare/childcare, after school programs, and summer camps. Fees do apply.

DENTISTS

Doc Bressler’s Cavity Busters
<https://www.cavitybusters.com/>
215-543-5555

Provides dental services for infancy through teenage years and has experience treating special needs clients at all locations. Check the website for dental insurance details.

St. Christopher’s Hospital for Children
<https://towerhealth.org/locations/st-christophers-pediatric-associates-dental-medicine>
215-427-5065

Pediatric Dental Medicine - offers everything from routine checkups and preventive care to complex dental procedures. Accepts all insurance.

**University Pennsylvania School of Medicine
in affiliation with Children’s Hospital of
Philadelphia (CHOP)**
[https://www.chop.edu/centers-programs/
division-dentistry](https://www.chop.edu/centers-programs/division-dentistry)

Offer comprehensive care for children with special medical, physical or emotional needs, ages 1-12.

Special Smiles
<https://specialsmilesld.com/>
267-639-6250

Ages 8 and up. Special Smiles Ltd participates with the following insurance companies: Access, United Healthcare Community Plan, Keystone First, Keystone CHC, Amerihealth Caritas, UPMC CHC and PA Health and Wellness. Patients must require general anesthesia only. Must have a referral from a dentist.

Pediatric Dental Associates
<https://pediatricdentalassociates.com/>
1-877-PDA-KIDS

6 mos-21 years. Parent education is available on the website for how to have a good dental visit with a child on the spectrum.

**Temple University Kornberg School of Dentistry
Natasha Stavisky Children’s Dental Clinic**
Multiple Locations
[dentistry.temple.edu/patient-care/clinics-and-services/
childrens-dental-clinic](http://dentistry.temple.edu/patient-care/clinics-and-services/childrens-dental-clinic)
215-707-2863
Children’s Dentistry
215-707-0231

Provides oral health education, preventive services and comprehensive care for infants, children and adolescents through age 16 as well as children with special healthcare needs. Comprehensive care can also be provided in our Sedation Center by a pediatric dentist and a dental anesthesiologist. There is fee reduction plans available for eligible patients, including the Dental Pass program and income-adjusted sliding scale fees. Appointments are preferred, but walk-ins are welcome.

DEVELOPMENTAL AND BEHAVIORAL PEDIATRICIANS

Developmental and Behavioral Pediatricians are doctors that specialize in diagnosing and managing developmental conditions and can follow children into adulthood to offer ongoing guidance and support. Families may want to consider adding these specialists to their child’s care team, in addition to primary care doctors and other specialists. These specialists can also conduct evaluations for Autism or other developmental and behavioral challenges. Most work within an interdisciplinary team which often includes specialists from a range of disciplines such as: physicians, psychiatrists, psychologists, and therapists.

Children’s Hospital of Philadelphia
[www.chop.edu/centers-programs/
developmental-and-behavioral-pediatrics](http://www.chop.edu/centers-programs/developmental-and-behavioral-pediatrics)
Division of Developmental and Behavioral Pediatrics
215-590-7500

St. Christopher's Pediatric Associates - Developmental Pediatrics
towerhealth.org/locations/st-christophers-pediatric-associates-developmental-pediatrics
215-427-5531

Nemours Children's Developmental Behavioral Pediatrics
www.nemours.org/services/developmental-behavioral-pediatrics.html
800-416-4441

DIAPERS AND TOILETING RESOURCES

The Diaper Program
(For children 3 years of age or older)

Medicaid covered diaper and wipes program for children 3 years of age or older that utilize diapers due to a developmental delay or medical reason.

1. Call the member services number of your child's Medicaid health insurance provider (this is usually the number written on the back of your medical card).

2. Ask the insurance provider what Durable Medical Equipment (DME) Company they contract with that can provide diapers for children in your area and get the name and phone number of that company.

3. Call the equipment company and explain that you want to get your child on the diaper program. They will do an intake with you over the phone and then they will ask you to call your doctor and have the doctor fax a prescription for diapers and wipes to them. Ask for the equipment company's fax number.

4. Call your doctor's office and explain that you need to fax a prescription for diapers directly to the equipment company. The prescription needs to include the child's size and diagnosis.

5. Soon you will begin to receive diapers each month. You will need to renew this process each year if your child continues to need them.

6. If you do not receive the diapers and wipes please call the Medical Equipment Company to check in with them.

ENGLISH AS A SECOND LANGUAGE/ MULTILINGUAL SUPPORTS

The School District of Philadelphia Office of Family and Community Engagement (FACE)
<https://www.philasd.org/face/>
215-400-4000

The Face Multilingual Family Support program offers interpretation services, workshops on navigating the school system, and resources for refugee and immigrant families.

The City of Philadelphia Adult Education
www.phila.gov/programs/adult-education
(833) 750-5627

The city of Philadelphia offers adult classes in writing, reading, math, GED preparation, and English as a second language.

Nationalities Service Center
nscphila.org
215-893-8400

The Nationalities service center offers low-cost ESL and language proficiency classes both online and in-person.

Free Library of Philadelphia
<https://libwww.freelibrary.org/programs/language-learning-center/adultlearning@freelibrary.org>
215-686-8664

The Free Library offers classes and groups for English language learners at multiple locations throughout Philadelphia.

FAMILY SUPPORT PROGRAMS/ GROUPS

Temple University's Families First
<http://www.temple.edu/instituteondisabilities/families-first/>
Email: iod@temple.edu
[Temple Institute on Disabilities & Families First](http://www.temple.edu/instituteondisabilities/families-first/)
215-204-1356

Free parent empowerment training and support program dedicated to families receiving early intervention in Philadelphia. All families receiving early intervention services in Philadelphia are welcome to access the free training and networking opportunities.

Vision for Equality
<https://www.visionforequality.org/>
(215) 923-3349

Assists and empowers people with disabilities and their families to seek quality and satisfaction in their lives as well as equal access to support and services.

Hispanos Unidos para Ninos Excepcionales (HUNE) Hispanics United for Exceptional Children
<https://www.huneinc.org/>
(215) 425-6203,

Not-for-profit organization that provides free bilingual English and Spanish training, technical assistance and individual assistance to families of infants, toddlers, children, and youth with disabilities and to professionals who work with children.

Parent to Parent of Pennsylvania
<http://www.parenttoparent.org/>
888-727-2706

In Pennsylvania, the Parent-to-Parent program is based on the philosophy that parents of children and adults with disabilities or special needs can be helped by other parents who have traveled the road before them. The model is a one-to-one match between an experienced, mentor parent, called a peer support parent and a parent seeking individualized support from another parent who has been there.
New match intake: [Web Intakes - P2P of PA](#)

Early Intervention Technical Assistance (EITA)
<http://www.eita-pa.org/families/>

The information on this page is geared to help families connect with other families and get more involved in shaping Early Intervention services at the local and statewide levels. Also included are some key resources that may be of interest as you support your child's learning and development and begin to navigate and understand the Early Intervention and Early Childhood programs in Pennsylvania.

DHS - Parent Education and Support
<https://www.phila.gov/programs/parenting-education-and-support/>
215-727-3687

Being a parent can be challenging. The Department of Human Services (DHS) is here to support you by providing free classes and support groups, as well as Parent Café's. Whether you are single, a dad or mom, a teen, foster, kin, or an incarcerated parent, we have resources for you to tap into when you need some support.

DHS – Family Empowerment Services (FES)
<https://www.phila.gov/programs/family-empowerment-services-fes/>
215-683-4000

FES workers assess your needs and put in place the appropriate services to address them---whether you need help linking to a social or economic service or could just use some parenting guidance.

Child Guidance Resource Center (CGRC) - Family First Program
<https://www.cgrc.org/services/11/family-first>
267-713-4100

Family First is a 32-week process. Your family is assigned a team of two Master's level clinicians who work closely with you in the home, school and community to address not only your child's emotional struggles but the larger systemic issues contributing to your concerns.

Philadelphia School District Parent and Family Resource Center

www.philasd.org/families

215-400-4180

Provides parents with support in resolving concerns, exploring ways to better support their child's education, navigating the School District of Philadelphia and provides information about the district's policies, procedures, programs, and services. The Parent and Family Resource Center also shares information about community-based programs and resources, conducts a variety of parent workshops, and has a fully equipped computer lab for family use.

West Philadelphia Parents for Autism Children Sensory Social Supports (PACSSS)

267-231-4120 or 215-472-2764

westphilapacs@gmail.com

Meetings are held virtually until further notice

West Philadelphia Parents for Autism Children Sensory Social Supports (PACSSS) is a monthly group for parents and caregivers of teens and young adults with autism who are dealing with transitioning and advocacy. The group seeks to inform parents and young adults on how to navigate the system and learn what is available to them. It will also be a safe place to share information and meet other families. Free parent support group – no registration required. Meetings held the 4th Wednesday of the month from 5-6:30 PM.

Grand Family Resource Center at SOWN (Supportive Older Women's Network)

www.sown.org

215-487-3000

FREE! Provides educational counseling, information/referral, and supportive services to grandparents raising families. Group, one on one, and phone support available.

CHOP Sibshops

<https://www.chop.edu/events/sibshops-chop>

Sibshops is held six Saturdays a year for siblings in first to eighth grades. It is a fun and rewarding program for brothers and sisters of children with special health or developmental needs to gain peer support and education through facilitator led discussions, activities and games.

Kinney Center Sibshops at Saint Joseph's University

<https://adminlb.imodules.com/s/1378/kinney/interior-hybrid.aspx?sid=1378&gid=56&pgid=2869>

(610) 660-2170

Kinney Center - SibShops

The Kinney Center's SibShop program runs concurrently during Family Night Out and offers brothers and sisters of individuals with autism spectrum disorder to obtain peer support and education through a recreational and therapeutic context. (Ages 5-18).

PA Sibling Support Network, Inc.

www.passn.org

Sibling support group more focused on adults who are siblings of people with special needs.

FEEDING & SWALLOWING

Children's Hospital of Philadelphia (CHOP) Feeding and Swallowing Outpatient Clinic

www.chop.edu/services/feeding-and-swallowing-outpatient-clinic

267-425-3333

Download listing of food resources in Philly including income-based food resources, emergency food resources, and fresh food resources.

Tower Health St. Christopher's Hospital for Children

towerhealth.org/services/pediatric-clinical-nutrition

833-348-6937

Ask for a clinical feeding specialist.

St. Christopher's registered dietitians provide comprehensive nutrition assessments, nutrition counseling services, and evidence-based nutrition interventions for individualized medical nutrition therapy.

Nemours Children's Health

www.nemours.org/services/pediatric-feeding-and-swallowing-program.html

Wilmington, DE

302-651-4000

Nemours Children's pediatric speech-language pathologists evaluate, treat and provide consultations for children with feeding and swallowing challenges. They look at kids' oral feeding skills, provide family education, and offer strategies to promote safe eating and drinking.

Speech Therapy or Occupational Therapy covered by Medicaid, Medicare or Private Health Insurance

Contact your child's health insurance member services to determine how your child might qualify for speech, occupational or other feeding-related therapies. Consider asking: Is a doctor's order or referral required? Does the plan cover teletherapy or home visits? Is there a limit on the number of sessions covered? Is there a copay? Where can I find a list of in-network providers who take my insurance? Is the initial evaluation covered?

FOOD

Food Resources in Philadelphia

www.phila.gov/food

[Free Meals](#) (November 2024)

Pantries, meals and other emergency food resources in Philadelphia.

The Food Trust

map.thefoodtrust.org/philadelphia

Promoting delicious, nutritious food for all, The Food Trust maintains a Philadelphia resource map for emergency food, SNAP and farmers markets.

WIC (Women, Infant, and Children's Program)

www.pawic.com

1-800-942-9467

WIC is a supplemental food and nutrition education program for women and children.

Eligibility: Children under 5 years old, infants and women who are pregnant, breastfeeding, or who have given birth within the past 6 months. Up to 185% FPL.

Apply: Start your [application online](#) or call to schedule an appointment with your [local WIC office](#).

SNAP (Supplemental Nutrition Assistance Program)

www.pa.gov/agencies/dhs/resources/snap.html

SNAP is an assistance program that helps families buy food.

Eligibility: Up to 200% FPL; higher for seniors and people with disabilities.

Apply: Apply online through [COMPASS](#), visit your local [County Assistance \(CAO\) office](#) or contact [BenePhilly](#) at 215-685-3654

Philabundance

WhyHunger Helpline: 800-548-6479

Nonprofit Food Bank provider in Philadelphia. [Explore their map of food options in Philly.](#)

Share Food Program

www.sharefoodprogram.org

Food pantries, distribution sites, 24/7 community fridges and free boxes of food & home delivery for seniors. [Explore their map of food options in Philly.](#)

Summer Food Service Program (SFSP)

Federally funded, state-administered program. Find a summer food service program meal site near you: fns.usda.gov/meals4kids

Meal sites are added and removed throughout the summer, so check the webpage often.

HAIRCUTS

Wiggle Worms Children's Hair Studio

[wigglewormskidscuts.square.site](https://www.wigglewormskidscuts.square.site)

7 Bustleton Pike Feasterville Trevose, Pennsylvania 19053
(215) 431-2378

Wiggle Worms specializes in providing kids with a positive hair cut experience. They have special vehicle chairs for kids to sit in and a play area in the waiting room. They specialize in providing haircuts for children with special needs and have been doing so for 20+ years.

Kids Kuts (Springfield PA)

<https://www.hairsalon4kidsdelawarecountypa.com/>

400 S State Road, Suite 5
Springfield, PA 19064
(610) 543-5006

Kids Kuts offers animal themed chairs for younger kids and a sports themed area for older kids. They offer haircuts for toddlers through teens. Kids can also watch a movie while getting their hair cut. The salon staff specialize in providing haircuts for special needs children.

Wild Styles Hair

mysite.vagaro.com/wildstyleschildrenshairsalon/home

301 York Road, Suite 101
Warminster, PA 18974
215-394-8491

We specialize in children 0-18. We cater to even the most nervous of children to help make their experience a pleasant one. We have tablets that have YouTube kids or a ton of video games the kids can play! Not only do we have the tablets, but we also have TVs at each station for your children to watch all while getting their haircut!

Cookie Cutters Haircuts for Kids

www.haircutsarefun.com/

500 W. Germantown Pike Ste 1265,
Plymouth Meeting, Pennsylvania 19462
484-243-6343

1516 Paoli Pike West Chester,
West Chester, Pennsylvania 19380
(484) 947-2872

Cookie Cutters Haircuts for Kids provides families with an amazing haircut experience. Our caring environment puts both the child and parent at ease. Our stylists are skilled in cutting hair for all children and provide an extra special touch for those with special needs. Each location provides a one of kind experience and helps all kids Discover How Much Fun a Haircut Can Be!

HOUSING

Broad Street Ministry

315 S. Broad St.
215-735-4847

broadstreetlove.org

Broad Street Love provides stabilizing services to those experiencing deep poverty. Meals, mail, clothing, personal care, spiritual, medical, legal and other services.

Face to Face

123 E. Price St.
215-849-0179

facetofacegermantown.org

Face to Face in Germantown relieves suffering by providing people support to meet their immediate needs through core services including meals, personal care, clothing, social, health and legal services.

City of Philadelphia Office of Homeless Services

www.phila.gov/departments/office-of-homeless-services

Shelter Placement and Rental Assistance Intake

Weekdays, 7am-5pm
Appletree Family Center 1430 Cherry St.
215-686-7150
Roosevelt Darby Center 804 N. Broad St.
215-685-3700

After Hours Shelter

5pm-7am weekdays, 24 hours weekend & holidays
Red Shield 715 N. Broad St. 215-787-2887
ACTS at Stenton Manor, 1300 E. Tulpehocken St.
267-297-7870

Homelessness Advocacy Project (HAP)

215-523-9595
www.haplegal.org

Free legal help to individuals and families that are experiencing homelessness.

Project HOME: Hub of Hope

Concourse of the City Hall SEPTA Station,
1400 Arch St.
215-309-5225

Laundry, showers, employment assistance, housing services, social worker, clothing, health clinic.

Mental Health Partnerships

A New Life Recovery Learning Center

3119 Spring Garden St.
267-507-3530

www.mentalhealthpartnerships.org/a-new-life

A New Life connects participants to natural community supports along with offering a warm and welcoming place to come to engage in the service system.

Philadelphia Housing Authority

2013 Ridge Ave.
215-684-4000
www.pha.phila.gov

Housing Choice Voucher Program and Public Housing Program Waitlists, Senior Designated Housing Check on status of application by calling 215-684-4500.

Veterans Multi-Service Center

213-217 N. 4th Street
215-923-2600
www.vmcenter.org

Meals/snacks, recreational space, clothing/shoes/toiletries, haircuts, computers, employment assistance, caseworkers, mailing address, housing assistance, women's center, birth certificate/ID.

St. Francis Inn Ministries

2441 Kensington Ave.
215-423-5845
stfrancisinn.org

Meals, snacks, clothing, career center.

Philadelphia 24-hour Domestic Violence Hotline

866-723-3014

[Additional Resources: www.phila.gov/departments/office-of-domestic-violence-strategies/resources](http://www.phila.gov/departments/office-of-domestic-violence-strategies/resources)

Call the Philadelphia Domestic Violence Hotline anytime for crisis intervention, safety planning, resources and referrals. Hotline counselors can help connect you with free services in the Philadelphia area, including emergency housing, legal services, behavioral health services and more. Bilingual counselors are available.

LEAD POISONING SUPPORTS

Lead Free Promise Project
paleadfree.org

[Parent Toolkit](#) a county-by-county interactive guide to find care for a child who tests positive for lead. The guide provides detailed contact information for care managers at health insurance plans, for companies that test homes for lead paint, for companies that remove lead paint as well as services like Early Intervention, WIC and Head Start.

Lead and Healthy Homes Program
(215) 685-2788
www.phila.gov/programs/lead-and-healthy-homes-program

Works to improve the health and safety of housing in Philadelphia by: providing information, referral, and training to promote healthy homes and prevent lead poisoning; working with families, homeowners, and landlords to reduce lead hazards in homes; providing home inspection and remediation to eligible families; enforcing lead laws and regulations in collaboration with the Philadelphia Law Department.

MEDICAL ASSISTANCE

Medical Assistance (MA, Medicaid)
www.pa.gov/agencies/dhs/resources/medicaid.html
866-550-4355

Find a County Assistance Office (CAO):
www.pa.gov/agencies/dhs/contact/cao-information.html

Eligibility based on demographics, citizenship status, in most cases income limits and in some cases resource limits. Application online, by phone, in-person or by mail. Online: www.compass.dhs.pa.gov Children not eligible for Medicaid will automatically be assessed for eligibility for CHIP.

Children’s Health Insurance Program (CHIP)
www.pa.gov/agencies/dhs/resources/chip.html

The Children’s Health Insurance Program — or CHIP — is Pennsylvania’s program to provide health coverage to uninsured children and teens who are not eligible for or enrolled in Medicaid/Medical Assistance. Application process is the same as Medical Assistance.

Medicaid for Children with Special Needs
www.pa.gov/agencies/dhs/resources/medicaid/medicaid-children-special-needs-ph95.html

Medicaid for Children with Special Needs (PH95) provides full and free Medical Assistance (MA) coverage to children up to age 18 with disabilities whose parents make too much money to qualify for traditional Medicaid categories. The Children with Special Needs category is only authorized if a child is not eligible for any other MA category. Application process is the same as Medical Assistance.

[PA Health Law Project PH-95 Guide 2019](#)
(Note: Some application processes may have changed since this guide was published.)

Pennsylvania Health Law Project
Helpline: 800-274-3258

If you have questions about Medical Assistance, or if your child’s application is denied, call the Pennsylvania Health Law Project’s Helpline for free legal help.

MENTAL HEALTH & SUPPORT

Bethanna
800-285-2435
bethanna.org

Outpatient Mental Health Services, Intensive Behavioral Health Services (IBHS), Clinical Transition and Stabilization Services for children and youth in foster care.

Intercommunity Action: Greenridge Counseling Center
(215) 487-1330
intercommunityaction.org/behavioral-health-services/greenridge-counseling-center

Comprehensive diagnostic and treatment services to youth and their families from age 4 to 17. Types of treatment include individual therapy, supportive group therapy, family therapy, play therapy, psychological evaluations, psychiatric evaluations, and medication monitoring.

Foundations Behavioral Health Autism Spectrum Disorders Center for Excellence
215-345-0444
fbh.com

Masters-level clinicians are available 24 hours a day, 7 days a week to provide a no-cost, confidential mental health assessment for your child or client. Call the Foundations Behavioral Health Clinical Assessment Center to get started.

Net Centers (Northeast Treatment Center)
215-451-7000
[NET Centers](#)

Autism Center for Excellence (PACE)
215-238-1426
Children’s Behavioral Health Services
215-408-4962

Site-based therapy; home, school and community-based treatment; intensive family therapy on site or home-based; and site or home-based services to address the specific needs of children with ASD.

Philadelphia Mental Health Center (PMHC)
215-735-9379
pmhccares.org

IBHS (school/home/community), individual/families/ couples therapy, telehealth services, psychiatric services. Provides Comprehensive Autism Assessment (CAA). Complete an intake form [Getting Started - Philadelphia Mental Health Center](#), or call the Intake Manager at 215-735-9379, x302.

Juvenile Justice Center
215-849-2112
juvenilejustice.org

Provides an array of in-home, out-of-home, community and school-based services focusing on preventing children and youth from entering the child welfare and juvenile justice system.

Community Council
267-295-8850
www.cchss.org

Children’s outpatient services, IBHS and blended case management.

Elwyn Children’s Behavioral Health
215-254-2046
www.elwyn.org/services/children-s-behavioral-health-services

Children’s Behavioral Health Services offer a variety of programming and support for children and adolescents ages 3 to 21 with social, emotional, and behavioral challenges including IBHS, ABA and outpatient services.

MCC Family Services
267-525-7000
mccfamilyservices.com

Program offerings include Intensive Family Based Treatment, Specialized Intensive Behavioral Health Services (IBHS), Applied Behavior Analysis (ABA) Child, Adolescent, Family Centered, Adult Outpatient Services.

Northern Children Services

215-482-1423
northernchildren.org

Wellness & Resiliency, intensive behavioral health services (IBHS) and outpatient services.

PA Mentor

215-552-5079
www.pa-mentor.com/who-we-serve/children-and-families

We serve children with emotional and behavioral challenges and complex medical conditions. We also provide services for children and youth living with Autism and Autism Spectrum Disorder. Providing Intensive Behavioral Health Services (IBHS) and case management.

Warren E. Smith

(215) 455-3900
drwes.org

Offers a range of behavioral health services for children and families.

COMHAR

(267) 861-4382
comhar.org/children-and-families

COMHAR offers a range of behavioral health services for children and families. Offers outpatient evaluations and counseling, Intensive Behavioral Health Services (IBHS), and a summer camp program.

PAHrtners

215-884-9770
pahrtners.com

Provides case management and outpatient services for children of all ages with hearing impairment. Clients must have a hearing impairment for eligibility.

Merakey

www.merakey.org/services/children-and-family

Merakey offers a range of services for children, adolescents and their families in areas of mental health and autism. Services are provided in both the community and at Merakey locations.

MUSIC & ART THERAPY

Settlement Music School

215-320-2601
www.smsmusic.org

The Settlement Music School offers art, music, and dance therapy as well as classes and summer camps to individuals of all ages. You may apply for financial aid on their website.

Parent to Child

215-644-9176
www.parent2child.net

Parent to Child offers art and music therapies to promote growth, development and social skills. They also provide parent support/coaching, and many therapeutic workshops all on a sliding scale.

Philadelphia Music Therapy

267-275-6154
www.philadelphiamusictherapy.com
philadelphiamusictherapy@gmail.com

Philadelphia Music Therapy offers music therapy and group sessions both online and in person. Insurance is not taken; however, a sliding scale may be accepted by some providers.

Children's Hospital of Philadelphia (CHOP)

800-879-2467
www.chop.edu/services/creative-arts-therapies

CHOP department of Creative Arts Therapies offers art, dance/movement, and music therapy to children who are experiencing an illness, trauma, or life challenges.

Tempo Therapy

610-344-7030
www.tempotherapy.com

Tempo Therapy offers individual therapy, group music therapy and birthday parties for families and children with or without special needs in West Chester, Media, and King of Prussia Pennsylvania.

Child & Family Art Therapy Center

610-649-1080
www.childandfamilyarttherapycenter.com

The Child & Family Art Therapy Center provides at cost art-therapy, individual therapy, and group therapy to 3–22-year-olds and their parents struggling with anxiety, depression, or anger.

OUTPATIENT THERAPY

Reach out to your child's health insurance member services department to ask what provides are in-network under your plan.

CHOP Center for Rehabilitation

(215) 590-7439
www.chop.edu/centers-programs/center-rehabilitation

Specialty rehabilitation programs for children with neuro-cognitive, neuromuscular, cardiopulmonary, integumentary, and musculoskeletal deficits and injuries. Specifically treats dystonia and spasticity.

CHOP Outpatient OT & PT

(215) 590-5819
www.chop.edu/centers-programs/occupational-therapy

Occupational Therapy at CHOP provides services to children and young adults facing the social, emotional and physiological effects of illness and injury. Occupational therapists work with your child to enhance participation in everyday activities, play and sports, and return to home, school or work. CHOP physical therapists use exercise and therapeutic play activities to address movement, coordination, balance, strength and endurance issues in children and young adults. We also work with your child's medical team, caregivers, school and community to encourage your child to function independently.

CHOP Outpatient Speech Therapy

800-551-5480
www.chop.edu/centers-programs/department-speech-language-pathology

Offers evaluations for speech and language, stuttering, voice, and augmentative communication. A comprehensive, individualized evaluation is performed, after which the SLP will develop a plan that can be used to pursue treatment through early intervention, in school, or with a provider close to the family's home. Outpatient therapy at CHOP may also be recommended.

St. Christopher's Pediatric Rehabilitation and Physical Therapy

towerhealth.org/locations/st-christophers-pediatric-associates-physical-therapy-e-erie-avenue

Offers therapy for children who have experienced an injury or health condition that impacts their movement or ability to function. Focused on helping kids move forward, more independently, with greater confidence.

St. Christopher's Pediatric Speech and Language Therapy

towerhealth.org/services/pediatric-speech-and-language-therapy

Supporting children who have difficulty talking, understanding, or swallowing. Therapists create a plan to help them succeed and support them. They work with children and families and focus on all areas of your child's development — physical, emotional, social, and academic.

POTTY TRAINING

Elwyn Ditch the Diapers

Ask your LEA representative for the Monthly Newsletter!

Parent-run monthly virtual training for families of children with special needs.

Toileting Resources and Guide

<https://sites.google.com/tdsb.on.ca/ot-pt/resources/activities-of-daily-living-adls/toileting>

Tips for families establishing toileting routines with their child, resources, videos, and visuals. These toileting resources were compiled by the Toronto District School Board.

RESPITE

Baring House

3401 Baring St, Philadelphia, PA 19104
(215) 386-0251

www.hopephl.org/baring-house-crisis-nursery.html

FREE 24-hour emergency respite care for children ages 0-5 Monday to Friday. Weekend hours are also available. Telephone intake process includes proof of child's immunizations prior to beginning respite services.

Home Health Aid and Nursing Services

Aveanna: (215) 884-3737, www.aveanna.com

Bayada Nursing: (215) 988-9006, www.bayada.com

Caregivers America: (215) 698-8888,

www.caregiversamerica.com

Marscare: (215) 763-3992, www.marscare.com

Team Select Homecare: (484) 406-5000, tshc.com

Visiting Nurse Group: (215) 829-8888,

www.visitingnursegroup.com

In some cases where a child has a diagnosis, medical needs, or skilled nursing needs, families may be able to obtain home health aide services from a home-nursing agency.

Ask your child's primary care doctor to help you in connecting with these services. The first step is to request a Letter of Medical Necessity from your child's doctor to support this need. That is then submitted to their insurance provider and a determination about hours approved or denied is made.

Family Home Health Aide

Team Select Homecare

(484) 406-5000

tshc.com

Caregivers might consider becoming a paid Family Home Health Aide to support their child or family member. If the child is eligible for home health aide services, families might connect with an agency to become a certified Family Home Health Aide to care for their loved ones at no cost to them.

Pediatric Specialty Care

pediatricspecialty.com/services

Pediatric Specialty Care provides skilled care for medically fragile children and young adults. They support individuals with a variety of diagnoses, from tracheostomies requiring full mechanical support, to short-term stays for IV antibiotics. Offering short-term, transitional, respite, and long-term care as needed.

So Love Autistic Center for Childcare

Newtown Square, PA & Drexel Hill, PA

(610) 446-3680

www.solovecenter.org

ABA based childcare center in Newtown Square. Accepts CCIS. Follows the Early Start Denver Model and other behavior-based strategies. ABA services may also be covered under insurance.

Family Friends Program at Temple University

education.temple.edu/igc/programs/family-friends

Volunteers may provide in-home companionship and respite for children with special needs.

St. Joseph's University Kinney Center for Autism

610-660-2170

www.sju.edu/kinney/autism-services/camps-and-recreation/respite

"Family Night Out," Saturdays throughout the academic year, the Kinney Center hosts Family Night Out for individuals with autism and their siblings ages 5-14.

The Friendship Circle, "Friends at Home"

phillyfriendshipvirtual.com

Connects teens and young adults to youth with special needs and their families in the Jewish community at large, through a full range of social offerings. Open to families of all religious backgrounds.

Philadelphia Department of Behavioral Health

(215) 685-4746

dbhids.org/children-s-services/respite/

For children ages 6-17, child must be receiving services from CBH and child must have Medical Assistance. Services available via respite mini breaks, Saturday respite events, and others.

Nancy's House

(215) 885-0753

440 Deaver Road Wyncote, PA 19095-1772

www.nancys-house.org

Nonprofit organization that offers 1-to-3-day retreats for caregivers to meet the physical, emotional and practical needs of family caregivers.

SERVICE ANIMALS

UDS Foundation

udservices.org/services/personal-care-independence/service-dogs

UDS service dogs are trained from pups for over two years by a team of dedicated volunteers and professionals. Then, they're partnered with people who have a mobility disability or autism to help them live fuller lives.

Canine Partners for Life

k94life.org

Canine Partners for Life is a non-profit organization that breeds, raises, trains, and matches service and companion dogs with those who need support in their daily lives.

Keystone Human Services

www.khs.org/what-we-do/assistance-dogs/apply-now

Keystone Human Services provides dogs to support mobility assistance, Autism, psychiatric conditions, seizure disorders, and hearing needs among others. Additional eligibility criteria available on the website.

New Hope Assistance Dogs

newhopedogs.net

New Hope Assistance Dogs Inc. is a non-profit organization located in Warren, Pennsylvania. We provide custom trained Assistance Dogs for seizure, mobility, hearing, PTSD related issues and a multitude of other disabilities for both children and adults.

SLEEP

Sleep Center

Children's Hospital of Philadelphia

(215) 590-3749

www.chop.edu/centers-programs/sleep-center

For children that are experiencing more frequent and longer lasting sleep problems that require an evaluation by a sleep specialist. Recommend consulting with pediatrician first.

Sleep Resources from Children's Hospital of Philadelphia

www.chop.edu/centers-programs/sleep-center/resources

Resources and tip sheets created by CHOP sleep specialists and experts to address questions, concerns, and challenges for children of all ages struggling with sleep.

Bedtime for Preschoolers Guide

Illinois Early Learning Project

illinoisearlylearning.org/tipsheets/sleep

Tips for establishing a bedtime routine for preschool age children.

Making Life Easier (Bedtime, Naptime)

Pamelazita Buschbacher, Ed.D
challengingbehavior.org/collection/making-life-easier

Tips for establishing bedtime and nap time routines.

SUMMER CAMPS / ACTIVITIES

The City of Philadelphia Summer Program Guide

215-683-3600
www.phila.gov/services/culture-recreation/activities-and-events/register-for-summer-camp

The City of Philadelphia has neighborhood summer day camps for children ages 6-12.

The School District of Philadelphia Summer Program Guide

215-400-4200
www.philasd.org/academics/summerprograms

The School District of Philadelphia runs summer academic programs such as virtual transition to kindergarten support sessions, services for ESL families, enrichment programs and more. For children entering Kindergarten through 12th grade.

Variety Club Developmental Camps

Multiple locations
610-584-4366
varietyphila.org/program_type/summer-programs/camp_coordinators@varietyphila.org

Variety Club Developmental Camps offers day, overnight, and vocational camp for individuals aged 5-21 with disabilities. Camp type varies by age and each program sets their own price.

Madeline Moore Summer Camp Grant

dbhids.org/summer-camp/Madeline-Moore-Grant/SummerCamp_DBHIDS@phila.gov

The Madeline Moore Summer Camp Grant gives eligible children with a behavioral health diagnosis \$400 a year to attend a participating summer camp. Only children who are receiving CBH services will be eligible.

YMCA

Many locations around Greater Philadelphia
[Summer Day Camp](https://www.yymca.org/summer-day-camp)

The YMCA provides Summer Day Camps at many locations around Philadelphia. You can explore the options and pricing on their website. For children ages 4 and up.

St. Joseph's University Kinney Center for Autism

376 N Latches Ln, Merion Station, PA 19066
610-660-2171
www.sju.edu/kinney/autism-services/camps-and-recreation/camp-kinney

Camp Kinney provides an immersive and recreational based traditional summer camp experience specifically designed for individuals with autism. A limited number of financial assistance scholarships are available to families with financial need. For children ages 5-21.

Camp Pegasus at Sacred Heart Academy

600 Haverford Rd. Haverford, PA 19041
610-649-1080 x3
www.camppegasus.com

Camp Pegasus is a summer creative arts and social skills intensive for kids ages 4-11. The camp sessions are two weeks long and the times vary depending on age.

Pegasus Therapeutic Riding Academy Summer Program

8297 Bustleton Ave, 19152
215-742-1500
www.pegasusridingacademy.com

Therapeutic horseback riding for ages 2 and up.

Phieldhouse Sports Camps

www.phieldhouse.com/youth/summer-camp

Youth sports camps across Philly for ages 6-12.

THRIFT

The Nesting House

542 Carpenter Lane, 19119
215-438-1600
thenestinghouse.net

The Nesting House sells gently used toys, clothing, cloth diapers, nursery essentials, and more for an affordable price. They also host family engagement groups which you can register for online.

The Goodwill Industries

www.goodwill.org

Goodwill has many locations around the state and sells gently used clothes and household items at a reduced price.

Circle Thrift

2233 Frankford Ave, 19125
215-423-1222
www.circlethrift.com
circlethrift@gmail.com

Circle thrift sells gently used clothing and household items at a reduced rate. You may apply for vouchers or a mini grant by sending them an email.

The Salvation Army Thrift Stores

philadelphiaarc.salvationarmy.org/philadelphiaarc/shop-our-stores/

Weekend retreats for children and young adults ages 7-21 offering a wide variety of activities, contact for more information regarding pricing.

TRANSPORTATION

ModivCare

Phone: (877) 835-7412
www.mymodivcare.com

Medical Assistance Transportation Program
Can reimburse Medical Assistance eligible riders using public transportation or privately-owned vehicles for any medically related trip (doctor's office, pharmacy). Provides non-emergency medical transportation at no charge to Philadelphia residents, qualifying for Medical Assistance. *Reservations must be made at least 3 days in advance of the appointment date.

SEPTA Key Reduced Fare Card

Phone: (215) 580-7145
www.septa.org/fares/reduced-fare-program

Riders with Disabilities are eligible for reduced fare travel on Transit. Reduced Fare cards must be renewed every 4 years.

SEPTA Access (Formerly CCT) ADA Paratransit Program

215-580-7145
www.septa.org/cct/ada-paratransit-service

For children ages 6-15, child must be receiving services from CBH and child must have Medical Assistance.

TRAUMA SUPPORTS

Children's Crisis Treatment Center
215-496-0707
www.cctckids.org

The Children's Crisis Treatment Center offers therapeutic nursery, trauma focused Cognitive Behavioral Therapy and Child and Adult Relationship Enhancement (CARE) services.

Gemma Services

7301 Germantown Ave, 19119
ABA/IBHS Intake & Referrals: 267-297-5170
Outpatient Intake & Referral: 215-730-2326
Outpatient Reception: 215-247-1427

6517 Chester Ave, 19142
Outpatient Intake & Referral: 215-730-2326
Reception: 215-730-2240

www.gemmaservices.org/community/prevention

Gemma offers residential services for 6-14 year olds experiencing severe behaviors due to trauma. They offer community based mental health support for families with children, in home, school or community settings as well.

COMHAR
267-861-4382
comhar.org/children-and-families

COHMAR offers outpatient services including psychiatric evaluations, medication management, family therapy, and individual and group therapy for children beginning at age 5.

Intercommunity Action, Inc.
215-487-1330
intercommunityaction.org/contact/contact-behavioral-health

Greenbridge Counseling Center offers psychiatric evaluations, psychological evaluations, individual therapy, supportive group therapy, family therapy, play therapy, and medication monitoring to children and their families aged 4-17 with behavioral concerns.

Hall-Mercer at Penn Psychiatry
Main Number: 215-829-7271
Intake: 215-829-3461
www.med.upenn.edu/hallmercer

Hall-Mercer Child and Family Outpatient Services provide mental health evaluations and treatment to children and adolescents ages 3-18 and their families, who are residents of Philadelphia.

Merakey
215-203-5400
www.merakey.org

Merakey offers a range of services in the community for children, adolescents and their families in areas of mental health including trauma focused CBT.

Joseph J. Peters Institute
215-701-1560 ext. 5028
jjpi.phmc.org

The Joseph J. Peters Institute provides trauma treatment services and therapeutic care to children, adolescents, and adults dealing with trauma.

Center for Families and Relationships (CFAR)
215-537-5367
www.cfarcounseling.org/outpatient-mental-health

CFAR's Children Deserving Services Program
215-537-5367 ext. 4004
www.cfarcounseling.org/children-deserving-services

FAR's outpatient mental health program for adults and children provides individual, family and couples counseling to families affected by trauma. CFAR provides outpatient mental health counseling and psychiatric services to uninsured children and their families in order to strengthen family systems.

Caring Together Program
215-967-2130
www.drexelmedicine.org/patient-services/the-caring-together-program

The Caring Together Program helps women, their children and loved ones overcome substance abuse and start a new life without drugs and alcohol. Participants must be 18 years or older.

La Puerta Abierta
lpa-theopendoor.org
267-245-0145

LPA provides pro bono comprehensive, trauma-informed mental health services – including individual, family, and group therapy – to the Latino immigrant and refugee community in the five-county Philadelphia region.

Hospital Based Child Protection Services
St. Christopher's Hospital for Children
215-427-6869
towerhealth.org/services/child-protection-program

Children's Hospital of Philadelphia's (CHOP)
215-590-4923
www.chop.edu/centers-programs/safe-place-center-child-protection-and-health

St. Christopher's Hospital for Children's Child Protection Clinic helps minimize the potential for further trauma from abuse by completing a medical evaluation and providing psychosocial support for the affected child and family.

The CHOP Center for Child Protection and Health, also provides compassionate evaluations for children who are victims of abuse, and advocates on their behalf.

Turning Points for Children
215-875-8200
www.turningpointsforchildren.org

Turning Points for Children provides free trauma-informed parenting classes for all residents of Philadelphia. Tokens, childcare and food are provided.

**Anti-Violence Partnership (AVP)-
Counseling Center**
215-567-6776
avpphila.org

The AVP Counseling Center provides free counseling to adult and child co-victims of homicide, and victims who have been traumatized by other forms of violence.

After the Injury
www.aftertheinjury.org

Website to help children recover from physical and emotional injury and trauma.

National Child Traumatic Stress Network
www.nctsn.org/audiences/families-and-caregivers

The National Child Traumatic Stress Network provides resources and education for families who have experienced trauma or loss.

We Can Heal from Trauma
215-762-1177
wecanhealfromtrauma.org

Healing resources from the Center for Nonviolence and Social Justice.

**Sesame Street- Helping kids with
Traumatic Experiences**
sesamestreetincommunities.org/topics/traumatic-experiences

Dozens of activities for children birth to 7 years old to help understand and cope with traumatic stressors in their lives.

UTILITIES

The Pennsylvania Low Income Home Energy Assistance Program (LIHEAP)
[Low-Income Home Energy Assistance Program \(LIHEAP\)](#)

Grants for heating bills—primarily electric or gas—available between November-April. Crisis grants available for households at risk of shut-off.

PECO
[Assistance Programs](#)

Electric assistance programs.

Philadelphia Gas Works (PGW)
[Customer Responsibility Program](#)

Gas assistance programs.

UESF
215-972-5170
www.uesfacts.org

Provides grants to income eligible families who have applied already to LIHEAP but are at risk of having their utilities terminated or have a notice of shut off.

Water Revenue Bureau
Tiered Assistance Program (TAP)
[Water Bill Customer Assistance](#)

Provides consistent, affordable bills capped as a percentage of household income. Available to customers whose income falls at or below 150% of the Federal Poverty Level (FPL) and those with special hardships. For tenants, the bill must be in the tenant's name to qualify. Customers do not need to be delinquent to apply for the program.

Energy Unit of Community Legal Services (CLS)
CENTER CITY: 215-981-3700
North Philadelphia Law Center:
215-227-2400
clsphila.org/services/utilities

CLS provides free legal advice and counsel to clients to help resolve disputes with PECO, PGW, and PWD.

Please reach out to your assigned LEA Representative for assistance, call 215-222-8054 for general questions, or email Familyresourcecenter@elwyn.org with updates regarding this guide.



Elwyn is an Equal Opportunity Employer

All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation and identity, gender identity, national origin, citizenship status, genetic information, disability status, military or veteran status, marital or family status, political activities or affiliations, or any other characteristic protected by local, state, and federal law.